DECEMBER 10-13, 2026

The 12th Annual





Ontario

Presented by

speedo

ONTARIO JUNIOR INTERNATIONAL

MEET PACKAGE

HOSTED BY SWIM ONTARIO

FUNDED IN PART BY THE GOVERNMENT OF ONTARIO

LATEST UPDATE: NOVEMBER 14

- Clarified para entries in non-WPS events (incl. 200 Free) – MSQ vs. bonus swims
- Start of finals adjusted.

Ontario Junior International

GENERAL INFORMATION

- Sanctioned by Swim Ontario
- Hosted by Swim Ontario
- **Meet Format**: Short Course – Heats & Finals
- **Location**: Toronto Pan Am Sports Centre - 875 Morningside Ave, Toronto, ON M1C 0C7
- **Facility**: 2 x 10 lane 50m competition and training pool- Swiss Timing electronic timing system.
- **Dates**: December 10-13, 2026
- **Meet package**: The only meet package which will be considered as valid must be the most current version found on www.swimming.ca and the Swimming Canada Registration and Event Management System (REMS).

PARTICIPANT SAFETY

Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination.

- Only accredited participating athletes, officials, certified registered coaches, and authorized people are allowed on the deck.
- NO OTHER PERSON IS PERMITTED on the deck unless expressly authorized by Swim Ontario.
- Spectators will be permitted at the discretion of the facility. They are not permitted on deck. There will be no spectator fee at this event. Parking rates do apply (*new rates in effect*). Food court hours (note – not open until 7 AM)
- **Every club and its participants are responsible for ensuring all facility rules and requirements are followed.**

Coaches and athletes are reminded that deck changing is not permitted at Swim Ontario sanctioned competitions. Athletes are asked to use the facility's change rooms, or on-deck changing tents if available. Coaches are asked to discourage deck changing and help keep the sport safe for everyone involved.

SWIM ONTARIO CONCUSSION MANAGEMENT PROCEDURE (ROWAN'S LAW)

- The Swim Ontario Concussion Management Procedure is in effect at all Swim Ontario sanctioned events. It outlines the Swim Ontario Removal-from-Sport and Return-to-Sport protocols. Clubs and coaches must ensure athletes are aware of this procedure.
- Meet Management will have copies of the Concussion Management procedure at the competition.
- Any injury/incident resulting in a significant impact to the head, face, neck or body of any registered participant at any Swim Ontario member sanctioned event where concussion symptoms are present must be reported to the Chief Operating Officer of Swim Ontario within 24 hours using the Swim Ontario Injury reporting form

Parents, coaches, officials, volunteers and athletes all have a role to play in ensuring the safety of all participants at sanctioned competitions in Ontario. We must create an environment that encourages and motivates participants to assume responsibility for their own safety and the safety of others.

Open and Observable Environment

Swimming Canada and Swim Ontario are dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means avoiding situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust must be in an environment or space that is both 'open' and 'observable' to others.

Event Notice – Lighting and Sound Effects

Please be advised that during the competition, there will be elevated sound levels and the use of flashing lights as part of the event's production and atmosphere. Spectators and participants who may be sensitive to loud noises or light effects are encouraged to take appropriate precautions.

Event Photography/Videography

In order to minimize risk, all photographs and video taken at Swimming Canada/Swim Ontario sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras, cellphones or other recording devices allowed in the area immediately behind the starting blocks during competitions, or in locker rooms, bathrooms, or any other dressing area. The Swim Ontario Photography, Videography, and Cellphone Procedure is in effect.

Official Photographer: Jeff Vogan - Jeff Vogan Photography
Media: Emma Sachs – Swim Coverage
Swim Ontario Staff: Swim Ontario staff are authorized to photograph and record at this competition for Swim Ontario promotional and communication purposes.

PROCEDURE

- Only individuals that have made an application and received authorization to record the event, in any manner, in any medium or context now known or hereafter developed, shall be granted access and permission to do so. All individuals making an application must follow the Screening Requirements Procedures. Please contact Nicole Parent (nicole@swimontario.com) for the application and authorization process.
- Entry into this competition is at the sole discretion of Swim Ontario and can be withdrawn, with immediate effect, by Swim Ontario. Individuals agree to be filmed, televised, photographed, identified and otherwise recorded during the Swim Ontario designated competition under the conditions and for the purposes now and hereafter authorized by Swim Ontario in relation to the promotion of Swimming Canada and Swim Ontario and the development of the sport of swimming.
- By accepting to attend you agree that all photographs and moving images taken by yourself within any Swimming Canada or Swim Ontario designated event including those of athletes competing shall be used solely for personal and non-commercial purposes, unless the prior written consent is obtained from Swim Ontario. The individual confirms that they fulfill the qualifications required by Swim Ontario and also agrees to information about themselves being collected by Swim Ontario and the Organizing Committee and such data being stored and used by them, and, where necessary, third parties, for the purposes of facilitating their participation in, and/or organizing the Swim Ontario Designated Competition.

- Live Streaming services provided by RecTec TV.

ORGANIZING COMMITTEE

- **Meet Director**: Nicole Parent – nicole@swimontario.com
- **Meet Manager:** Kirsti Kontor - kirsti@swimontario.com
- **Competition Coordinator:** Steve Sachs - Level 5, ssachs@rogers.com
- **Para Technical Advisor:** Jeff Holmes
- **Officials Coordinators:** Steve Sachs & Nicole Parent
  - **Official & Volunteer Sign-up Form**
- **Swim Ontario Entries Coordinator contact email** meetentries@swimontario.com
- **Swim Ontario CTO**: Dean Boles – dean@swimontario.com

INQUIRIES:

All inquiries are to be directed to nicole@swimontario.com

Meet Information Page - https://www.swimontario.com/athletes/competitions/oji

ENTRY INFORMATION

ELIGIBILITY

All athletes must be registered as Competitive swimmers with Swimming Canada or for USPORT swimmers, in the Varsity category or another World Aquatics recognized National Federation and have met the qualifying requirements. A valid registration number is required.

- Foreign Teams and their competitors are welcome, subject to the following provisions.
  - **Proof of TEAM Liability Insurance for a minimum of $2,000,000 is required naming Swim Ontario on the Insurance certificate.**
  - All foreign competitors must be registered with an amateur swimming organization recognized by World Aquatics.
  - All foreign competitors and coaches must be duly registered and residents of the governing body for which they are competing.
  - All competitors and coaches must be in good standing with their respective governing swim body.
  - All foreign competitors and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the Proof of Residence and Registration Status form to Swim Ontario no later than the entry deadline along with the insurance certificate.

A competitor's age is their age as of the first day of the competition. For the Olympic program athletes, this event is restricted to those 18 years old and younger. There are no age restrictions for Paralympic program swimmers.

QUALIFYING PERIOD & STANDARDS

- All short course metres and long course metres times achieved since February 27, 2025 are eligible for entry.
- Standards for Olympic Program swimmers- https://admin.swimontario.com/documents/1100/OJI_Standards_-_2026.pdf
- Standards for Level 2 or higher Paralympic Program (Para) swimmers – https://admin.swimontario.com//documents/760/PARA_OJI_Standards.pdf

ENTRY FEES & PAYMENT

- **Swimmer Fee:** $160 + HST ($180.80)
- Relay Fee: $30 + HST ($33.90)
- Competition Admin Fee (per club): $100 +HST ($113)
- International Federation Teams may be exempt from entry fees.
- Entry Fee payment instructions: Please wait for the entry fee report to make payment.
- Payment Options: TBD

PROOF OF QUALIFICATION

All Canadian entries will be validated via the Swim Canada results database (Swim Rankings). Meet Management will not accept Canadian entries directly via email. Proof of time must accompany all foreign entries. Times are to be submitted in the course they were achieved. Converted times will not be accepted.

ENTRY LIMITS

There are no limits on individual entries with the following conditions:

- All athletes must qualify in a minimum of one (1) event with up to 4 bonus events as follows:
  - 1 QT = 4 bonus swims
  - 2 QT = 3 bonus swims
  - 3 QT = 2 bonus swims
  - 4 QT = 1 bonus swim
  - 5 or more QT = 0 bonus swims
- All bonus swims must meet the bonus swim consideration times - https://admin.swimontario.com/documents/1100/OJI_Standards_-_2026.pdf
  - **Consideration Times (CT)**: These times allow athletes to enter in bonus events but do not guarantee a swim. If we cannot accommodate everyone within a reasonable session length, we will reject the slowest entries, based on time, across the different events of that day.
- Note: The 800m & 1500m Freestyle events are not eligible as Bonus swims.

The competition host reserves the right to limit the meet to 375 athletes. In such a case, the Federation or Swim Club that enters the 375th athlete will be the last entries accepted into the meet.

Relay Entries

- **Clubs may enter a maximum of two (2) relay teams per event.**
- Para only relays will be offered, however, the relay events will not be part of the entry/event file. Details for entries will be communicated after the entry deadline. The following para relays will be offered
    - Thursday finals 4x50 Free mixed relays
    - Saturday finals 4x100 Free mixed relays
- The fastest 10 relay teams will swim in finals for the 4x200 Free, 4x100 Free and 4x100 Medley Relays. All other teams will swim in prelims on the respective days.
- All 4x50 Free mixed relays will swim during the finals session on Thursday.

Para Entries

- Para swimmers must have at least one (1) para qualifying time in their classification from the events listed below to be eligible to compete. Para swimmers may enter bonus events from the list below regardless of their classification, except for the 150 IM, which is restricted to S1-S4
    - Para Eligible Events:
        - 150/200 IM & 200 Free
        - 50 Free, Back, Breast, Fly
        - 100 Free, Back, Breast, Fly
- Para swimmers who enter a 50 m or 100 m event outside their sport class's WPS program will have that swim counted as a qualified event (MSQ) only if they have the qualifying time for the same stroke at their WPS distance. Otherwise, it counts as a bonus swim toward the bonus allowance.
- Para swimmers whose WPS freestyle event is the 400 Free, which is not offered for para swimmers at this meet, may enter the 200 Free. It counts as a qualified event (MSQ) only if they have the 400 Free qualifying time for their sport class. Otherwise, it counts as a bonus swim.
- Bonus swims:
    - 1 MSQ = 4 bonus swims
    - 2 MSQ = 3 bonus swims
    - 3 MSQ = 2 bonus swims
    - 4 MSQ = 1 bonus swim
    - 5 or more MSQ = 0 bonus swims
- Para swimmers may substitute up to a maximum one (1) of their eligible para events with any of these Olympic Program bonus event
    - 400 Free
    - 200 Back, 200 Breast, 200 Fly
    - 400 IM
    - Contact Nicole Parent to have the event added to para-age group before completing your entries.
- Para relays will be offered; however, the relay events will not be part of the event file. Details for entries will be communicated after the entry deadline. The following para relays will be offered
    - Thursday finals 4x50 Free mixed relays
    - Saturday finals 4x100 Free mixed relays

ENTRY PROCESS & DEADLINE

- Clubs and federations are required to submit entries by **Monday, November 30, 2026 at 10 PM.**
    - Swim Ontario reserves the right to close entries early should entries surpass the 375 athlete mark.
    - No further entry changes will be accepted after Wednesday, December 2, 2026 at 10 PM without penalty.
        - REMS will open for changes only on December 1 at 12 noon and will remain open until December 2 at 10PM.
    - No entry time upgrade, event additions, or change of events will be accepted after December 2 at 10 PM unless authorized by the Swim Ontario Entries Coordinator. The **cost for authorized changes will be $100 per change or correction up until the FINAL Entry Lists are posted.**
        - The per change cost is per swimmer, per event, per change; not per email sent.
    - Corrections or changes requested from the Swim Ontario Entries Coordinator are NOT subject to penalties.
    - **Late Swimmer Entries** for swimmers not entered by **Monday, November 30 at 10 PM** may be accepted up until the FINAL Entry Lists are posted at a cost of double the meet entry fee (subject to total swimmer entry limits).
    - **Late entries or changes are subject to the qualifying times and the qualifying period. Times achieved AFTER the qualifying period are not eligible for qualifying or upgrade of entry time.**
- All entries received shall be UNCONVERTED and must be validated by the system. No converted times will be accepted. No Time (NT) will not be accepted.
- **Entry qualifying period is from February 27, 2025 to November 30, 2026.**

SUBMISSION

- Canadian entries: **MUST** be submitted via the Swimming Canada Registration and Events System (REMS).
- **International entries: May be submitted directly to meetentries@swimontario.com** must be accompanied by official proof of time.
- **Attending domestic coaches and support staff must be listed when uploading the entries via REMS** and confirmed on the 2026 OJI Team Registration Form.
- A successful entry file upload is only the validation of membership entry information against the national membership and entry validation does not guarantee a club's entries will be accepted by Swim Ontario.
- Entries found to not be in compliance with entry requirements may result in individual swimmer and club being ineligible for entry into the event.
- Accepted or rejected entries will be identified with a second notification from Swim Ontario.
- Swim Ontario reserved the right to reject an entry file for lack of compliance in entry times, failure to submit the file before the entry deadline or any other lack of compliance with Swim Ontario meet policy and procedure.
- Entry Lists will be posted online at www.swimontario.com by **December 5, 2026**.
- All entries inquiries or request for changes to entries are to be directed to meetentries@swimontario.com
- Deck entries and time trial events will not be permitted.

D/DEAF AND HARD OF HEARING ACCOMMODATION:

This competition can provide the following accommodations for swimmers who are d/Deaf and Hard of hearing:

- non-verbal instruction provided by a support person from the swimmer's own club, who is registered in the REMS as active as Support Staff, Coach or attending registered Swimmer.
- Visual Start Strobe Light: **Facility-Provided Strobe Light:** An external strobe light is available at this facility.

REQUESTING ACCOMMODATION:

- **Clubs are to contact Meet Management by the Entry Deadline of the need for accommodations. Support Staff must be included in the submission of entries process.**
- The support person must have active REMS registration and be listed in the entry submission. Those not listed in the entry submission will be denied deck access. They will also need to be confirmed through the 2026 OJI Team registration Form.
- Athletes approved for visual accommodation will have the "HH" designation displayed on heat sheets.

REGISTRATION INFORMATION

SWIMMING CANADA COACH REGISTRATION POLICY

The Swimming Canada coach registration policy states that all coaches attending any sanctioned competition must have a minimum NCCP coaching status. All Canadian teams must submit a list of coaches attending at the time of entry attending coaches must be listed with the entries.

- For Ontario coaches, meet management will cross reference the list of coaches in attendance at this competition with the Swim Ontario Compliance lists. If a coach from Ontario is not on this list, meet management is obligated to enforce the SNC policy and not permit that coach to attend the meet.
- Foreign coaches may be granted pool deck access credentials at the Ontario Junior International provided they meet the following conditions:
  (a) The coach is currently registered as a member coach in good standing with their National Swimming Federation and provides Swim Ontario with acceptable proof of this membership.
  (b) The coach must have a minimum of one athlete from their team competing at the meet.
- Guest coaches must contact Meet Management for authorization to access the deck. Guest coaches must be properly registered with restrictions listed above.
- **Athletes must have a coach or designated coach (coach representative) in attendance during training and racing sessions.**

TEAM REGISTRATION

- **Team Registration will be done through 2026 OJI Team registration Form and in person to collect accreditations.**
- All attending coaches, support staff contact information will be collected.

- Any club or High Performance Centre with Support Staff (including support for Para or d/Deaf/Hard of Hearing swimmers) must submit the names through the Entries process in the REMS and through the Online Team Registration Form. The Club Registrar is responsible for adding Support Staff to the REMS for the purpose of being able to be permitted on deck at this event. Support Staff who are not registered in the REMS will not be permitted on deck.
- Foreign teams must fill out the Online Team Registration Form that includes the foreign team coach(es) and the foreign support staff. Additional information may be requested.
- One Club representative or coach is required to check-in in room 2060. Registration, payment and deck accreditations must be obtained before deck access will be granted. Swimmers must wait to obtain deck accreditation before proceeding to lower level.
    - See Overall Schedule for Team Registration times. TBA

RACE TEK VIDEO ANALYSIS

- As a service, Swim Ontario has arranged for RaceTek Race Video to provide full Race Video coverage for all session finals. These Race Videos will be made available to all Clubs/Teams at no cost for clubs. Additional services will be available.

ACCREDITATION

- Club deck accreditations (inclusive of coaches, team manager and support staff) –subject to change:
    - 1–5 swimmers 2 accreditations
    - 6-10 swimmers 3 accreditations
    - 11-15 swimmers 4 accreditations
    - 16-20 swimmers 5 accreditations
    - 21-30 swimmers 6 accreditations
    - 31+ swimmers 7 accreditations
- Para support staff not included in the count.
- Foreign coaches must be affiliated to their national federation or recognized coaching agency in good standing.
- Swimmers will be provided an accreditation card for deck access. This card must be displayed at all times.
- **The Deck Accreditation Card remains the property of Swim Ontario and can be withdrawn, with immediate effect, at Swim Ontario's sole discretion.**

This is a Swim Ontario event. Only Swim Ontario may grant entry or access to any volunteer, coach, athlete, official, sponsor, or spectator either in the field of play or spectator stands.

PRE-MEET TRAINING SESSIONS

Practice Date	Practice Time
December 9	0930-1200 1630-1900

Athletes must have a coach or coach designate for all pre-meet training sessions. Accreditations will not be provided directly to athletes during Team Registration.

TECHNICAL MEETING

- Wednesday, Dec. 9, 2026, 3:15 PM at Toronto Pan Am Sports Centre

COMPETITION RULES

Swimming Canada rules govern this competition. Competition Rules and procedures contained in this Meet Information package supersede those found within the Swimming Canada Rulebook.

WARM-UP SAFETY PROCEDURES

The Swimming Canada Competition Warm-Up Safety Procedures will be in effect. The full document can be viewed HERE.

It is incumbent on coaches, athletes, and officials to work together to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage athletes to cooperate with Warm-up Supervisors.

- **Warm up rules:**
  - No loitering at the end of lane
  - Swimmers must be aware of their surroundings and move over to the lane rope when stopped at the end wall to allow other swimmers to turn
  - Swimmers using sprint and pace lanes must be directly supervised by their coaches
  - Deliberate kicking or striking of the starting platform, including the back plate during the sprint periods is not permitted.

Athletes must enter the pool FEET FIRST in a cautious and controlled manner, entering from a start or turn end only and from a standing or sitting position.

Athletes witnessed by a Warm-up Supervisor diving or entering the water in a dangerous fashion may be removed, by the Referee, without warning from their next individual event following the warm-up period in which the violation occurred. The athletes' name and club shall be registered with the Meet Manager.

SWIMWEAR & TAPING

All Olympic Program athletes shall be required to comply with World Aquatics swimwear and taping rules. Para swimmers shall be required to comply with WPS swimwear & taping rules and regulations.

DIVE STARTS

Starts will be conducted from Starting Platforms (blocks) as per World Aquatics Regulations. For Para-swimming events starts will be conducted as per WPS rules.

The Starter shall report a swimmer to the Referee for misconduct taking place at the start as a result of kicking the footrest/backplate of the starting blocks per Swimming Canada Section II C2.5.2. The Referee may disqualify a swimmer for such misconduct. The "misconduct" shall include, but is not limited to (C.2.5.2.1):

- Deliberate or negligent acts such as spitting, spouting of water, or blowing the nose in the pool or on the pool deck immediately prior to the start may be considered misconduct.
- Deliberate kicking or striking of the starting platform, including the back plate prior to the start.
- Unsafe or uncontrolled entry into the pool immediately prior to the start of a race. All swimmers must enter the pool with a controlled, feet-first entry.

BACKSTROKE LEDGES

Backstroke ledges will be available for use. Swimmers shall be responsible for setting the device.

SEEDING

After all times have been verified:

- After all times have been proven, entry times will be converted to SCM using 2% conversion factor and seeded by time regardless of bonus swim designation for 400m events and lower.
- All LCM submitted entries for the distance events will be seeded last (i.e. SCM then LCM seeding)
- Swim Ontario reserves the right to limit entries and/or change events to timed final.

OFFICIAL SPLITS

- Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.
- Official Split Request Forms will be available at the Admin Desk and must be received by the start of the session.

COMPETITION FORMAT

All sessions will be run in a single 25m x 10 lane (3m deep) tank. Warm-up/cool down facilities will be available throughout the sessions.

PRELIMINARIES:

- All prelims will run 10 lane heats with the fastest three heats circle seeded except for 400m events which will be 2 heats circle seeded.
- The 800 and 1500 Freestyle will be run as Time Final events.
- The distance events will have the fastest 10 entries in each event swimming in that day's finals session. The remaining heats will be run fastest to slowest alternating women and men in the preliminary session.

FINALS:

- All "A" finals will be run top ten (10)
- All "B" finals will be run top ten (10)
- There will be an "A" & "B" final for all Olympic Program Events
- A separate para swimmer final (10 swimmers) will be held for the following events
    - 150/200 IM – combined, fastest 10 swimmers based on para points
    - 50 Free, Back, Breast, Fly
    - 100 Free & 100 Breast
    - A maximum of three (3) swimmers per sport class are eligible to advance to the PARA Final.
    - Should empty lanes exist following the maximum of three (3) swimmers per sport class, additional swimmers will be added to fill the PARA Final according to the following:
        - based on para points
        - The additional swimmers added will swim as exhibition in finals and not be eligible for awards and will be placed in empty lanes.
    - The "Para" Final will be seeded by disability points with combined classification with the exception of EXH swimmers who will be placed in empty lanes.
    - Para swimmers will be ranked based on the following Paralympic point system: KNZB Points Table NED + Para 2020 in Splash software to allow points to be calculated with no restrictions on classification (non-Paralympic events).

PROTOCOL

A call room and check-in times will be in place for this competition.

- ***Finalists & alternates are required to check-in with the Call Room Supervisor.***
    - ***Para Finalists & alternates: 15 minutes prior to the scheduled start of the "Para" Final.***
    - ***Olympic program "A" and "B" finalists and alternates: 15 mins prior to the scheduled start of the "A" final.***
- **Swimmer Replacement process**: Any swimmer who has not completed check-in 10 minutes prior to the scheduled check-in time outlined above will be replaced by an alternate.
- "Para" & "A" finalists will be released from the call room for their race and be introduced behind the blocks.
    - Note: strobing light show will be in effect for march-on. Any issue with athletes/ coaches please let the Meet Director know.
- "B" finalists will be introduced during the race.

Back-to-Back finals events

- **Only for Athletes with back-to-back final swims within 30 mins**
- The Call Room Supervisor will be provided with a list of approved swimmers that can complete the check-in 5 mins before the scheduled start of their heat. Swimmers will be informed when they report for their first race if approved.
- Swimmer who has not completed check-in 5 minutes prior to the scheduled check-in time outlined above will be replaced by an alternate.

If a top 3 placing swimmer is unable to make it to their award ceremony, the club/team must send a fully uniformed substitute swimmer in their place.

SCRATCH RULES

- Email scratches will be accepted by email until the start of the Technical Meeting - **December 9, 2026 at 3:14 PM** to meetentries@swimontario.com.
- Following the above date & time, email scratches WILL NOT be accepted and the OJI Online Scratch Form is required (link to be provided once entries close).

DISTANCE & THURSDAY RELAYS (POSITIVE CHECK-IN)

- The deadline for scratches for Thursday distance events will be 30 minutes following the December 10 Technical Meeting.
- The deadline for scratches for Sunday distance events will be **30 minutes** after the start of Finals the previous evening.
- The scratch deadline for Thursday mixed relay is 30 mins following the completion of preliminary events (200 IM) on Thursday
- Positive Check-in will be in place for the 800m and 1500m Freestyle during the preliminary warm-up period to allow combination of heats or notification of swimmers moving to finals. Scratches will not be accepted after the scratch deadlines outlined above. The Positive Check-in is a courtesy to fellow swimmers.
- **Requests for swimmers scheduled in final to be moved to preliminaries will NOT be granted.**

PRELIMINARIES & RELAYS

- Thursday Preliminaries and timed final events: 30 minutes following the December 9 Technical Meeting.
- **Friday, Saturday and Sunday Preliminaries and relays held on those days: 30 mins following the start of Finals the previous evening**
- Scratches must be done on the OJI Online Scratch Form
- E-mailed scratches WILL NOT be accepted.

FINALS

- Finals events: 30 minutes following the completion of the preliminary events
- Scratches must be done on the OJI Online Scratch Form

- E-mailed scratches WILL NOT be accepted.

PENALTY

- "No-Shows", "step-downs" and "unexcused incomplete swims" will be penalized $50.00 CAD for Finals only including the top 10 in finals for distance events and Relays. Unexcused incomplete swims shall be the sole determination of the Referee.
- Fines will apply to all swimmers listed on the finals program no matter which position the swimmer placed in the preliminaries.
- Accepted payment is by credit card payment via OJI Online Penalty Form. No cash or cheques will be accepted at the Admin Desk.

RELAY NAME SUBMISSION

- Coaches must submit their relay names via Relay Form provided by the Admin Desk.
- Deadline for all relay forms and names: 15 minutes after the start of the session in which the relay will be swum.

SWIM-OFFS

- All swim-offs are to be run during or at the end of the session in which the tie occurred at a time mutually agreed upon by coaches and officials.
- **Coaches are to report to the Admin Desk when a swim-off is announced.**

DISQUALIFICATIONS & APPEALS & JURY

Disqualifications:

- Disqualifications will be announced and include event number, heat number and lane number within fifteen (15) minutes of the Athlete's race.

Procedure for appeals:

- The Coach or Team Leader should first discuss the disqualification with the Session Referee, and may ask to view the disqualification slip.
- If the matter is not resolved, the Coach or Team Leader may submit a written appeal to the Session Referee or Admin Desk within 30 minutes of the result being posted. Appeal forms are available at the Admin Desk.
- If the Session Referee rejects the appeal, the Coach or Team Leader may request a Jury of Appeal. This request must be made within one hour of the Referee's written decision being communicated.
- Video from personal devices will not be accepted at any stage of the appeal process. Only official video approved by the Competition Coordinator before the start of the competition may be consulted (rule C12.5.2). The following are approved as video evidence:
  - High Speed Video (HSV)
  - RecTecTV Live Streaming video
- The Appeals & Jury of Appeal Standard Operating Procedure will be followed.

Appeal on Referee Decision Forms available at the Admin Desk

RECORDS

- Swim Ontario has a completed certified pool length survey and swim times achieved at this competition will be eligible for provincial or national records.
- Coaches are asked to inform meet management of possible record attempts and/or if records are broken to ensure meet management can process the record application.
- Please be aware that international WPS records may not be ratified if taping is worn for record-breaking swims. It is advised to remove the taping in such instances.

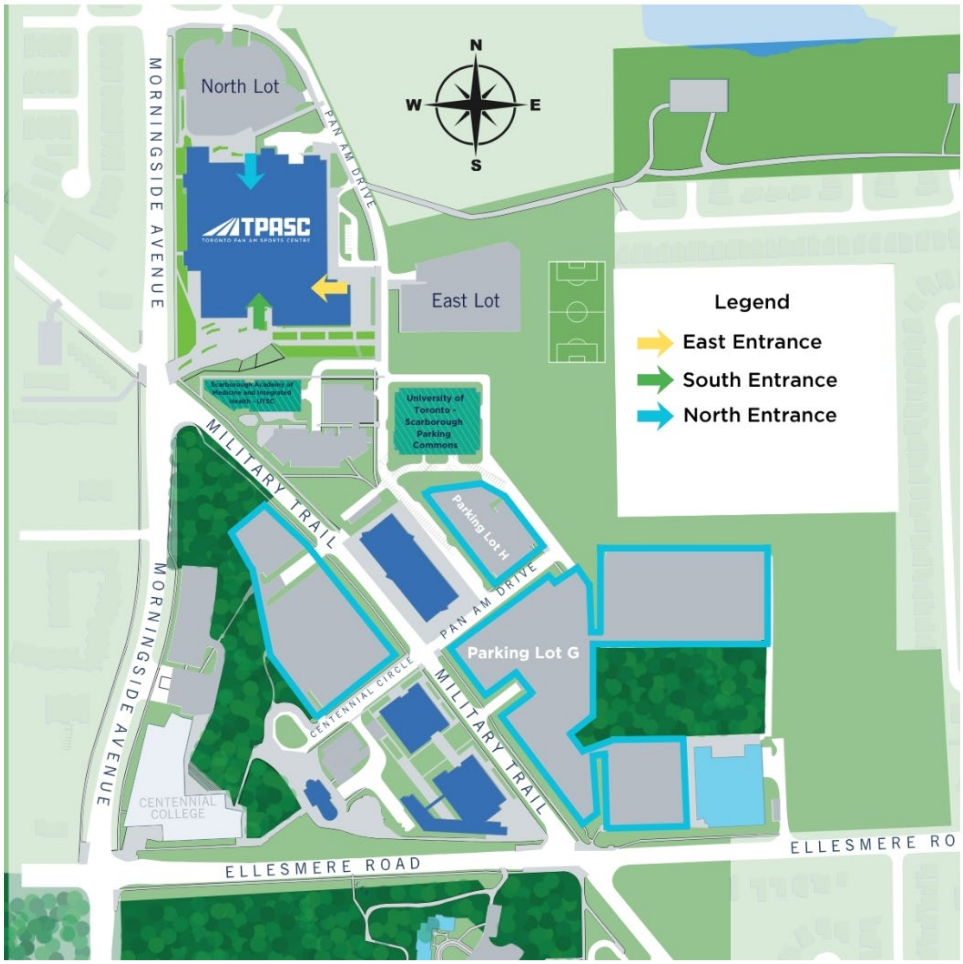
AWARDS

- Medals for first, second and third place for individual and Olympic Program relay events.
- Medals for first for para only relays
- Aggregate High Point Awards for Olympic Program swimmers & Paralympic swimmers Male and Female (Ties will be awarded)
    - 5 points for gold
    - 3 points for silver
    - 1 point for bronze
- Best World Class Swim Male based on 2026 SCM World Ranking (Best Times in 2026)
- Best World Class Swim Female based on 2026 SCM World Ranking (Best Times in 2026)
- **Paul Corkum Performance Team Award:**
    - minimum 4 swimmers attending the meet
    - swimmers must meet QT for this award
    - The highest scoring team based on the following formula:
        - 1st – 5 points; 2nd – 3 points; and 3rd – 1 point, including relays
        - Addition of points divided by the total number of swimmers entered into the meet per team.

SITE INFORMATION

- **Hospitality**
    - A hospitality area will be available
        - Coaches & Officials: before each competition session (breakfast/early light dinner)
        - Officials **only**: after prelims session lunch
    - On-site take-out food available (Tim's, Pizza, Pool Sides). Hours

Parking - Parking is available at the facility in designated areas. Parking rates do apply (new rates in effect). Lots G & H overflow parking available subject to UTSC parking rates.



The City of Toronto has begun road construction on Morningside Avenue from Highway 401 to Pan Am Drive. Construction is anticipated to continue until December 2026.

We encourage everyone travelling to TPASC to **allow additional time for your journey**, particularly during peak school and commuting hours, and to follow all temporary traffic signage and directions from police, flaggers and construction personnel.
For more information about the project and ongoing construction updates, please visit:
Morningside Connections – City of Toronto

- Lockers - Lockers will be available for this event. In the change rooms and WEST hallway. Bring your own lock. No overnight locks permitted.
    - Swimmers and Coaches must use lockers for outerwear INCLUDING outdoor shoes.
    - Only indoor deck shoes may be worn on the deck.
    - All coats, boots, etc. must be in lockers.

TORONTO PAN AM SPORTS CENTRE

Competition Dismissal Policy

The purpose of these policies is to maintain a safe, respectful, and well-managed pool environment for all athletes, coaches, officials, staff, and facility users by outlining expected standards of conduct and the process for addressing rule violations. We appreciate your cooperation and understanding in helping us keep our facility as safe and pristine as possible.

Pool Deck Conduct & Behaviour

- No person within the pool area shall behave in a manner that jeopardizes their own safety or health, or the safety or health of others. Abusive, threatening, or profane language and other inappropriate behaviour may result in removal from the pool area.
- Food, beverages, and chewing gum are not permitted on the pool deck unless otherwise authorized by TPASC.
- Outdoor shoes and footwear worn outside are prohibited on the pool deck. Swimmers may wear clean indoor gym shoes or trainers for activation and training purposes. TPASC staff reserve the right to require any athlete, coach, or official to remove footwear that appears to have been worn outdoors or otherwise does not meet facility requirements.
- Socializing with or distracting pool staff, including lifeguards, while they are performing their duties is prohibited.
- Running, rough or boisterous play, pushing, acrobatics, dunking, wrestling, disruptive or offensive splashing or yelling, careless diving or jumping, snapping towels, or any other conduct that creates an undue disturbance or places another person at risk is prohibited.
- Spitting, spouting water, blowing your nose, urinating, or defecating in the pool is prohibited.

Policy Enforcement

Minor rule infractions will initially be addressed with a verbal warning and a brief explanation of the applicable rule and the reason it is being enforced.

For repeated rule violations, TPASC will follow a progressive three-step process:

1. **First Warning:**
   The lifeguard will speak directly with the participant regarding the behaviour. The Deck Supervisor and/or Aquatics Management will be notified as appropriate.
2. **Second Warning:**
   If the behaviour continues, the lifeguard or Deck Supervisor will identify the participant to their coach and request that the coach address the behaviour directly with the participant. The Meet Manager will also be informed.
3. **Dismissal:**
   If the participant continues to violate facility rules after previous warnings, Aquatics Management, in consultation with the Meet Manager, may dismiss the participant from the pool area and/or competition.

Where a participant's behaviour is sufficiently serious, TPASC reserves the right to bypass the progressive warning process and immediately remove the participant from the pool area where necessary to protect the safety of participants, staff, or others.

Any situation resulting in the removal or dismissal of a participant must be documented by the Deck Supervisor using an Incident Report Form.

Where a suspension beyond the immediate session or competition is being considered, the Deck Supervisor must refer the matter to Aquatics Management. Aquatics Management will determine the appropriate course of action in consultation with the appropriate event or organizational representative.

TPASC requires event organizers to ensure that all participants, coaches, and officials are made aware of applicable facility policies and procedures, including the Competition Dismissal Policy, prior to participation.

2026-2027 season

VENDORS

- Fine Design Apparel
- Superior Medal Hangers
- Jeff Vogan - Jeff Vogan Photography

PROGRAM EVENT LIST

Meet Program

Day 1 – Thursday, December 10, 2026

Preliminary Sessions Warm-up: 10:00 Start: 11:30			Final Session Warm-up: 16:30 Start: 17:35		
Women		Men	Women		Men
101/1	150/200 Individual Medley	102/2	101/1	150/200 PARA IM (combined top 10)	102/2
3	W 1500 Freestyle (SH)	--	1	200 Individual Medley	2
--	M 800 Freestyle (SH)	4	3	W - 1500 Freestyle (FH)	--
			--	M - 800 Freestyle (FH)	4
			5 (mixed)	4x50 Free Mixed Para Relay	5 (mixed)
			6 (mixed)	4x50 Freestyle Mixed Relay	6 (mixed)

Day 2 – Friday, December 11, 2026

Preliminary Sessions Warm-up: 7:30 Start: 9:00			Final Session Warm-up: 16:30 Start: 17:35		
Women		Men	Women		Men
7	200 Freestyle	8	7	200 Freestyle	8
9	100 Breaststroke	10	9	100 PARA Breast	10
11	400 IM	12	9	100 Breaststroke	10
13	100 Butterfly	14	11	400 IM	12
15	50 Backstroke	16	13	100 Butterfly	14
17	800 Freestyle Relay (SH)	18	15	50 PARA Back	16
			15	50 Backstroke	16
			17	800 Freestyle Relay (FH)	18

Day 3 – Saturday, December 12, 2026

Preliminary Sessions Warm-up: 7:30 Start: 9:00			Final Session Warm-up: 16:30 Start: 17:35		
Women		Men	Women		Men
19	50 Freestyle	20	19	50 PARA Free	20
21	200 Butterfly	22	19	50 Freestyle	20
23	100 Backstroke	24	21	200 Butterfly	22
25	400 Free	26	23	100 Backstroke	24
27	50 Butterfly	28	25	400 Free	26
29	200 Breaststroke	30	27	50 PARA Fly	28
33	400 Freestyle Relay (SH)	34	27	50 Butterfly	28
			29	200 Breaststroke	30
			31 (mixed)	4x100 Free mixed Para Relay	31 (mixed)
			33	400 Freestyle Relay (FH)	34

Day 4 – Sunday, December 13, 2026

Preliminary Sessions Warm-up: 7:30 Start: 9:00			Final Session Warm-up: 16:30 Start: 17:35		
Women		Men	Women		Men
35	100 Freestyle	36	35	100 PARA Free	36
37	200 Backstroke	38	35	100 Freestyle	36
39	50 Breaststroke	40	37	200 Backstroke	38
43	400 Medley Relay (SH)	44	39	50 PARA Breast	40
41	W 800 Freestyle (SH)	--	39	50 Breaststroke	40
--	M 1500 Freestyle (SH)	42	41	W 800 Freestyle (FH)	--
			--	M 1500 Freestyle (FH)	42
			43	400 Medley Relay (FH)	44